



HELLENIC REPUBLIC

National and Kapodistrian
University of Athens

EST. 1837

UNIVERSITY SPORTS CENTER

SPORTS ACTIVITIES FOR UNIVERSITY STUDENTS

**JOIN US
for FREE**



TENNIS

AEROBICS

ATHLETICS

PILATES

BASKETBALL

Courses from beginner to advanced level.
Participate in local and national championships



TENNIS

AEROBICS



Join our daily sessions of aerobics that combine techniques of Tae Bo - Kick Boxing - Dance - Step Latin Aerobics

Don't miss our runner-specific coaching, available at the Panepistimioupoli stadium and at the Zografou Municipal stadium



ATHLETICS

"Step into" traditional Greek rhythm and dancing. Join us to learn traditional Greek dances from all over Greece

PILATES



Strengthen your muscles through everyday classes. Attend our daily sessions of pilates and strength training



TRADITIONAL DANCES

VOLLEYBALL

FOOTBALL

GREEK TRADITIONAL DANCES

FITNESS

Don't miss a chance to get trained, take part in our indoor championship programmes and be a member of NKUA's male-female team



FOOTBALL

Learn basic skills, join NKUA's male-female teams and compete in local championships



VOLLEYBALL



BASKETBALL

Keep in good condition and boost your health, through our special fitness programmes training programs

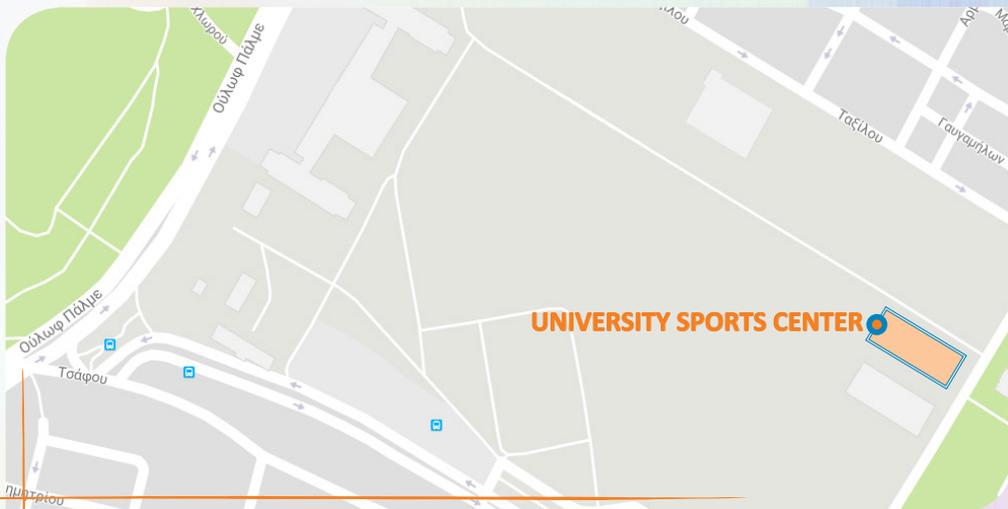


FITNESS

<https://access.uoa.gr/services/sports/>



GENERAL INFORMATION



BUS ROUTES TO THE UNIVERSITY SPORTS CENTRE

250 from Evangelismos Metro station to Panepistimioupoli -->
1st Panepistimioupolis bus station

E90 (Express Bus) from Piraeus to Panepistimioupoli -->
1st Panepistimioupolis bus station

ANNOUNCEMENTS - CHAMPIONSHIPS - ACTIVITIES

www.uoa.gr - Foitites - Panepistimiako Gymnastirio

Facebook: www.facebook.com/EKPAgym

Contact us: 210 727 5551, -56, -57, - 60

Registration, Daily,
from Monday to Friday 10.00 a.m - 01.30 p.m.
To enroll you will need your Academic ID and
a medical report from a GP or a cardiologist.
Opening hours: 09.00 a.m - 06.00 p.m on weekdays.